

Reiki 2nd Degree Description

- Time duration of course 15 hours (over 2 days)
- A further 4 Attunements
- The passing and memorising of 3 Reiki Symbols
- The technique and practise of distance healing
- Learning the hidden elements
- Professional working Standards
- Keeping Records and GDPR
- Working in clinical environments

This course complies with the following standards:

- Core Curriculum (CC)
- Qualifications Credit Framework (QCF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC).

This course is our standard Reiki 2nd Degree course and can be used for students who just require Reiki for self, friends and family or animals. This course also forms part of our Reiki Practitioner Course for students requiring an Accredited Reiki Qualification.

In 2nd Degree Reiki you receive a further 4 Attunements. At this stage of the training, the energy Attunement is greatly amplified and its' focus is on the etheric body rather than the physical. Those of you who have made any study of the human energy system will be aware that our etheric body vibrates at a frequency much higher than the denser energy of the physical body. As a result of this Attunement, students often develop both a greater sensitivity to energy and their physic awareness. During the 2nd Degree you will be introduced and attuned to the 3 energy keys or Symbols. These Symbols are used as a focus to enable you to strengthen mental and emotional healing and to send absent / distant healing. A large part of the training for this degree is centred on the understanding and the use of these Symbols. Students are encouraged to both use and experience the use of these Symbols on themselves. Emphasis is also placed further, to recognise the powerful effect that symbolism has on the unconscious mind. Techniques are taught to enable you to:

- Focus energy to release emotional and mental blocks
- Focus your mind to send Reiki energy beyond time and space and thus bring about effective absent / distant healing.

An understanding of the language of symbolism and the powerful effect it has on the unconscious mind is also discussed. The symbols used are three of the four sacred symbols which Dr Usui discovered during his lengthy research and are therefore esoteric in nature. It is through initiation that your connection to the symbols is strengthened. Reiki students are asked to honour their sacred nature and not to disclose them to non-Reiki initiates.

Please note certain criteria must be allowed for students booking Courses. A further 12 months must elapse from completing Reiki 2nd Degree to starting Reiki 3rd Degree.